



# OCTOBER | 2017

## EAST KNOX JR/SR HIGH LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> PHILLY SUB/BUN OR CHICKEN PATTY/BUN CALIFORNIA BLEND PINEAPPLE MILK	<b>3</b> SHREDDED CHICKEN/BUN OR BBQ PORK/BUN OR DELI SUB KEY WEST VEGGIE BLEND MIXED TROPICAL FRUIT MILK	<b>4</b> MEATBALL SUB/BUN OR ASST CHICKEN WRAP MIXED VEGGIE BLEND DICED PEACHES MILK	<b>5</b> MASH POTATO BOWLS/ROLL OR DELI SUB CORN APPLESAUCE MILK	<b>6</b> CHEESEBURGER/BUN OR CHEESE PIZZA FRENCH FRIES FRUIT COCKTAIL MILK
<b>9</b> GRILLED CHEESE OR CHICKEN PATTY/BUN TOMATO SOUP PEARS MILK	<b>10</b> CHICKEN QUESIDILLA SOUR CREAM & SALSA OR DELI SUB GLAZED BABY CARROTS APPLESAUCE MILK	<b>11</b> MARZETTI/BREADSTICK OR ASST CHICKEN WRAPS VENETIAN VEGGIES PINEAPPLE MILK	<b>12</b> BURRITO BAR/RICE OR DELI SUB BLACK OR REFRIED BEANS MANDARIN ORANGES MILK	<b>NO SCHOOL ON Friday</b>
<b>16</b> CALZONE OR CHICKEN PATTY/BUN SCANDINAVIAN VEGGIES PEACHES MILK	<b>17</b> TACO IN A BAG OR DELI SUB REFRIED BEANS FRUIT COCKTAIL MILK	<b>18</b> FISH SANDWICH/BUN OR ASST CHICKEN WRAP COZUMEL VEGGIES APPLESAUCE MILK	<b>19</b> RAVIOLI/BREADSTICK OR DELI SUB NORTHWEST VEGGIES MANDARIN ORANGES MILK	<b>20</b> POPCORN CHICKEN/ROLL OR STUFFED CRUST PIZZA W/MARINARA SAUCE MASH POTATO/GRAVY MIXED TROPICAL FRUIT MILK
<b>23</b> MINI CORN DOGS OR CHICKEN PATTY/BUN SOUTHERN WHITE BEANS PEARS MILK	<b>24</b> FRENCH BREAD PIZZA OR DELI SUBS CORN PINEAPPLE MILK	<b>25</b> MINI BURGERS/BUN OR ASST CHICKEN WRAPS HASH BROWNS MANDARIN ORANGES MILK	<b>26</b> SPAGHETTI/SAUCE & MEATBALLS/BREADSTICK OR DELI SUB MALIBU VEGGIES PEACHES MILK	<b>27</b> DOMINO'S PIZZA GREEN BEANS STRAWBERRY CUPS MILK
<b>30</b> PIZZA SUBS OR CHICKEN PATTY/BUN PEAS & CARROTS PINEAPPLE MILK	<b>31</b> SOFT TACOS OR DELI SUB REFRIED BEANS ORANGE APPLESAUCE MILK	JR/SR LUNCH \$2.50 REDUCED LUNCH \$.40 MILK \$.50 LUNCH APPLICATIONS AVAILABLE IN SCHOOL OFFICE OR AT <a href="http://ekschools.org">ekschools.org</a>		

**News**  
**OFFERED DAILY:**  
 CHEF SALAD W/CROUTONS  
 FRESH SEASONAL FRUIT  
 FRESH VEGGIE BAR

*BREAKFAST IS FREE  
 DAILY TO ALL  
 STUDENTS!!!!*

**MENU IS SUBJECT TO  
 CHANGE**

**BULLDOG HAPPENINGS:**  
 SCHOOL PICTURE DAY 12<sup>TH</sup>  
 LAST DAY OF 9 WEEKS 12<sup>TH</sup>  
 NO SCHOOL 13<sup>TH</sup>

